

I have been made aware that there is some confusion in the field regarding a mat that looks like a springboard (mount trainer).

Prior to the 2005-06 season, it was allowed at only the compulsory levels. Last year (2006-07) it was added to the R & P on page 78,

top #5. b." At Levels 7-10, a manufactured mount mat (mount trainer) may be used for mounting purposes."

This year it is still in the R & P (same page & #), but no longer in bold font, as it is not new.

Please make sure that the Meet Directors and Meet Referees know that this is an allowed piece of equipment at both compulsory and optional JO Levels.

Thanks,

Connie Maloney

Women's Jr. Olympic Program Manager