



2008 NATIONAL GYMNASTICS DAY AND THE TYSON FITNESS CHALLENGE

MARK YOUR CALENDARS NOW!

National Gymnastics Day 2008 is scheduled for September 13 and will culminate again with the Tyson Fitness Challenge to raise money for the Children's Miracle Network. The Tyson Fitness Challenge, the eight-session program, will kick off at the Tyson American Cup in March and will go through Sept. 13, National Gymnastics Day.

The first two years of the Tyson Fitness Challenge were a great success, but we want to make it even better this year. Based on feedback from our members, we have expanded the Tyson Fitness Challenge to provide some new ideas.

- Getting you the online giving web site earlier
- New cardio games
- New exercise content provided by St Vincent's Sports Performance Center consultants
- New web site content added monthly
- National Gymnastics Day during the fall when the clubs have more students
- Instant password when signing up for TFC online

More details will be broadcast emailed to the clubs and professional members each month and we will post the Tyson Fitness Challenge web site which is filled with useful content.

We encourage you to plan ahead and offer the Tyson Fitness Challenge as a stand alone class or as part of your spring, summer or fall classes or team workouts.

By participating in the Tyson Fitness Challenge and if you choose to raise money for the Children's Miracle Network, you will be keeping 100% of the money in your local Children's Miracle Network hospital. By incorporating the Tyson Fitness Challenge into your schedule, you are helping get today's youth off the couch and more physically active.

For more information, contact Loree Galimore at 317-829-5654 or lgali@usa-gymnastics.org

Member Clubs will receive a complete Tyson Fitness Challenge packet in the mail with a poster, administrators guide and promotional materials in March.

Non-member clubs may register online to view content.



CONGRESS FACTS



NATIONAL CONGRESS & TRADE SHOW

Gymnastics Excellence Through Education

Philadelphia • 2008

44th ANNUAL USA GYMNASTICS NATIONAL CONGRESS and TRADE SHOW

June 19-21, 2008

Philadelphia, Pennsylvania held in conjunction with the 2008 Olympic Team Trials - Gymnastics

WHO SHOULD ATTEND?

All USA Gymnastics Professional members, Instructor members, coaches, judges and instructors of all levels. Recreational and preschool teachers, business managers, administrators, club owners, high school and college coaches

WHAT IS OFFERED?

Three days of education with more than 135 sessions offered. Lectures given by recognized individuals in the field. Sessions on coaching, judging, business, preschool, recreational, sports science, and fitness. Presentations given daily from the leading experts in Women, Men, Rhythmic, Trampoline and Tumbling, Acrobatic Gymnastics and Group Gymnastics Programs. Trade Show exhibit hall will feature 200 booths of products and services from more than 85 different USA Gymnastics Industry members.

WHERE:

Philadelphia Convention Center
Congress Sessions begin at 8:30 a.m

HOTEL/TRAVEL RESERVATIONS:

Philadelphia Marriott Downtown
National Travel Systems 888-603-8747
Email: sportsinfo@nationaltravelsystems.com
Website: www.ntssportstravel.com

CONGRESS DATES:

June 19-21, 2008 - Philadelphia Convention Center

OLYMPIC TRIALS:

June 19-22, 2008 - Wachovia Center
Men's and Women's Artistic events

JUNE 18

PRE-CONGRESS EVENTS:

Risk Management/Safety course, Hands on Training preschool fundamentals (H.O.T.) course, Business Conference, NAWGJ National board meeting, National Congress Registration opens at 12:30 p.m.

JUNE 22

POST-CONGRESS EVENTS:

Risk Management/Safety course, Hands on Training preschool fundamentals (H.O.T.) course, Women's State and Regional Chair Workshop, Women's Judge's exams

JUNE 22:

Hall of Fame Class of 2008 Induction Ceremony Luncheon.

U.S. OLYMPIC TEAM TRIALS - GYMNASTICS, JUNE 19-22:

Special rate for All-Session tickets to U.S. Olympic Team Trials - Gymnastics for all Congress attendees. To secure early bird discount order by March 15 (see form pg 38).

REGISTRATION FORM:

In *Technique* and on Website www.usa-gymnastics.org Special discounted group registration for Member Clubs. Special Early Bird Pricing ✕

