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EDUCATION

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**Quincy Senior High School**

May 2002

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RELATED EXPERIENCE

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**Co-owner/Head Coach**

August 2006-present

*Gem City Gymnastics & Tumbling Corporation. Quincy, IL*

- Collaborate with other owners on strategic and daily goals
- Manage staff and instruction
- Manage gymnastics team program
- Coach gymnastics levels 1-10
- Organize and administer staff meetings
- Handle booking and financial reports
- Meet director of March of Dimes Invite

**Gymnastics Coach.**

September 98 – August 2006

*Quincy Gymnastics Center, Inc. Quincy, IL*

- Updated family/student accounts
- Managed gymnastics Team
- Coached and competed with gymnastics team
- Answered telephone and assisted new members
- Coordinated weekly classes and scheduled instructors
- Taught children in the age range of 18 months- 18 years in gymnastics training
- Prepared weekly routines for gymnastics classes
- Organized Birthday parties and special events
- Assisted with "NYSP" National Youth Sports Program

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ADDITIONAL EXPERIENCE

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**Instructor for Quincy Park District**

January 2006-present

*Quincy, IL*

- Teach gymnastics to afterschool program

**College for Kids**

June 2001-June 2004

*Quincy, IL*

- Instructed beginning level gymnastics to school age children
- Motivated school age children on goal setting and personal accomplishments
- Drew up weekly lesson plans for each class
- Discuss with children the importance of exercise

**Blessing Hospital Daycare**

June 1999 – August 2001

*Quincy, IL*

- Assisted with childcare
- Prepared lunch and daily snacks
- Organized outside activities

**March of Dimes**

March 2001 – March 2007

*Quincy, IL*

- Assisted with area events such as Walk American and the March of Dimes Invite
- Raised money and services for the area board of directors
- Assisted with Chef's Auction

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CREENTIALS AND HONORS

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- Member of USAG since 2000
- Safety Certified
- CPR and First Aid certified
- Meet Director Certified
- Coached 2004 Illinois state camp
- Clinician at 2007 Illinois state congress
- 1997, 1998 U.S.T.A. National Champion
- 1996, 1997, 1998 U.S.T.A. State Champion
- Regional and National level coach