

**From:** Norbert Bendixen <norbertil@aol.com>

**Subject:** Illinois Women's Electronic Newsletter October 2009

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## Illinois Women's Electronic Newsletter October 2009

**2009-2010 ILLINOIS COMPETITIVE INFORMATION SUMMARY is now available on the ilusag.com website left side link / Rules and Policies**

### **From Tom Koll**

Dear Professional members,

The Junior Olympic Committee will be meeting this November to finalize the elements for the 2013-2020 compulsory cycle as well as discuss the Level Structure for the future. Please take the time to fill out the survey on the USAG website. (see link below)

This is your chance to give input on how the program is developed!

<http://www.usa-gymnastics.org/post.php?PostID=4090&prog=w>

### **Illinois Round table meeting @ Region 5 Congress**

Thank you to those that got out of bed early and met with us Sunday at The Region 5 Congress. We know it was early but we want to thank the few that came and gave us the opportunity to communicate.

### **Region 5 Congress**

Thank you Illinois for helping make this the largest Region 5 congress. Next year the Region 5 congress will once again be in Illinois so plan now on attending. I have promised Bobbi and the Region 5 Committee that we in Illinois will help facilitate the Congress next year. WE will need help with Athlete, demonstrators, Help with Pre-Registration, Registration. I will be asking you guys next year closer to next year congress.

### **Seniors 2010**

All coaches, please have your senior gymnasts go online ASAP and fill out the form. You or the athletes can always go back and add to it and that then information will come from Fred Cooper on further information needed. His information is use for the website scroll honoring our seniors, Senior Moments published in the Level 8, 9, 10 State meet Program, and used at the Illinois Annual Banquet.

### **Illinois Junior Olympic Chairman, Cyndi Zimmerman**

Cyndi is looking for computer help. Is there is anyone out there that has Microsoft access knowledge and or website knowledge that would be willing to help produce forms and other things as needed. I would like someone to help improve the state tracking database also. They can email me at [gymmom4@aol.com](mailto:gymmom4@aol.com)

### **Level 9, 10 State Chairman Randy Parrish**

My message for the 9 and 10 coaches would be this: Make sure you treat your out of state meet results like you are the meet director and get everything into the Illinois committee like it was your own home meet. Thanks:)

### **Level 4 State Chairman Teresa Millmore**

We are very excited to have the level 4's have one state meet this year hosted by EGGS. This will help with all the questions on who is a north and who is a south club. We are hoping that you are all excited as well. The qualifying score for state meet is still a 32.00. Keep working hard on those routines and we will see you at state!

### **Illinois USAG Education Chairman Leonard Isaacs**

Dear Illinois USAG administrators and/or club owners: With Norbert's blessings I would like to make myself available for inhouse staff clinics during the months of November through February. My knowledge centers around class (six years old and up) curriculum and progressions, pre-team skills and progressions and team level work on all events. My gym is especially good at retention of team girls. As I would be working for the state committee I would ask only for expenses to be covered. Sincerely, Leonard Isaacs, Illinois USAG state committee chair for education.

### **Please check your information at USA-gymnastics.org membership**

Many emails are still getting returned to me. If the address are incorrect you will not be connected to both the USAG National, but also Regional and State information.

Norbert Bendixen

Illinois USA Gymnastics Women's State Administrative Committee Chairman

As always have a "Happy Handstand"