

Sent: 8/27/2009 7:47:14 P.M. Central Daylight Time
Subj: Illinois Fall Mini Newsletter

- Hope that your Fall Registration is going better than the reports of a Slow Summer!
- Attached is a newsletter from Region 5 Camp please read
- **The hard bound version of the 2009 - 2010 Rules & Policies will be available the first of October. The 2009 - 2010 Rules and Policies is posted on the USA Gymnastics web site link posted on ILusag.com**
- New Safety Course Added
USAG has added a Safety Certification Course on Sunday, September 20th from 1:00pm - 6:00pm. Registration is now open on the USA Gymnastics website and people have until Sunday, September 13th to register online
- Congratulations!
[Bridgey Caquatto](#) 2nd AA Junior Division

[Mackenzie Caquatto](#) 5th AA Senior Division

at the Visa Championships. [Bridgey and Mackenzie](#) National Team Members .

- 2009-2010 State Meet Hosted by:

Levels 8-9-10 Gymnastics X-Calibur- Hidden Cove Sportsplex, Bourbonnais, IL
Levels 6-7 Energym Gymnastics - NIU, DeKalb, IL
Level 5 - Gym Corner- East Peoria Convention Center- Peoria, IL
Level 4 - Elk Grove Gymnastics
- Thank you to all the meet directors that bid on state meets this year. It was one of our largest number of Bidders which made the state committees decisions hard. Thanks to Dynamite, Gem City, GymNasti, Palatine Park District, for bidding
- Regional Congress is in Illinois September 17-20. Please go to the Illinois USAG site or Region 5 site for more information. It will be held at the Marriott Renaissance Hotel, Schaumburg
- This year Illinois will also be host to the NAWGJ National Symposium please visit the Illinois NAWGJ site for more information
- Minutes from our Summer Illinois Committee meeting are posted under minutes on the Illinois Site State Entry fees and qualifying scores are posted
- The Illinois State Committee will be meeting this weekend and minutes for this meeting will be posted on line by September 10th. We will have then one more meeting after that Most likely In October
- Illinois Meet Calendar is now complete and posted under Calendar on the Illinois USAG site
- Mike Taylor Former Midwest Academy Coach is battling cancer. If you wish to have more information, show your support or interested in contacting him please visit <http://www.caringbridge.org/visit/michaelanthonytaylor>

Norbert Bendixen
As always have a "Happy Handstand"
Illinois USA Gymnastics State Administrative Committee Chairman