

From: Norbert Bendixen <norbertil@aol.com>

Bcc: Gymmom4@aol.com

Subject: 10 Illinois USA Gymnastics Womens Electronic Newsletter

Date: Tue, Dec 21, 2010 9:52 pm

- We wish all of you a very **Merry Christmas, Happy Hanukah, and Very Happy New Year** and of course Happy H:)ndstands
- Thanks to EnerGym for hosting the Level 4, 5 Fall State Championships. Awesome Job as usual
- **Attention Women's Judges and Meet Directors:**
Effective January 1, 2011, the rate for mileage reimbursement for judges is \$.51/mile to reflect the recent in the IRS standard mileage rate for 2011.
- Meet Directors Please remember to **Fill and Send ALL 4 pages** sent to you with the Sanction Report Form. They are all important and **MUST BE** sent with. If multiple sheet are needed for coaches and Judges just make copies but please submit
- **Coaches** Please be reminded that if traveling **out of the State** You become responsible to get the out of state **scores** to the Level chair, State Tracker and the State Chair. In essence you must do all the responsibilities of the Meet Director. Plan now to do and don't make it a mad rush at the end of the season if you expect to use the scores for State Series Qualification
- **Coaches Professional USAG Numbers.** Remember this still includes 3 parts. The Membership (\$) the **Safety** and the **Background Check** (this still takes at least 3 weeks) **YOU ARE PENDING** and thus not allowed on the floor until all three have been Okayed by USG and you show up on their system. It is your responsibility.
- **Regional Congress 2011 and 2012** Location Indianapolis Marriott Downtown 350 W. Maryland Street, Indianapolis, Indiana 46225 marriott.com/indcc Dates September 22 - 25, 2011 September 13 - 16, 2012
- **Illinois Awards State Banquet** June 12th check out ilusag.com for more information

WE Will Need volunteers so please keep on your calendar



2011 CoverGirl Classic

July 21-23, 2011

Chicago, IL.

Norbert Bendixen

Illinois USAG Womens State Administrative Committee Chairman

As always have a "Happy Handstand"