

**SHANE SANDERS**  
**Girls Team Director**  
**Ultimate Gymnastics Gurnee, IL**  
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### **Goal**

As Level 9/10 State Chairman I will work with my fellow state committee members to promote the continued development of gymnastics within the state and the region.

### **Gymnastics experience**

*1979-1982*

Competed on Libertyville High School's boys gymnastics team. Qualified to the IHSA state gymnastics finals all four years. Two-time IHSA state floor exercise champion. Nominee for IHSA senior gymnast of the year.

*1982-1986*

Attended Iowa State University on a full-ride gymnastics scholarship. Qualified to the NCAA men's gymnastics championships three years in a row. 1983 Big Eight Conference floor exercise champion. 1983 Iowa State freshman gymnast of the year.

### **Coaching experience**

*1989-1991*

Served as beam and floor coach for the girls team at the Gymnastics Factory in Lake Forest, IL.

*2000-Present*

Girls team coach at Ultimate Gymnastics in Gurnee, IL where I currently serve as the girls team director. Coached and/or choreographed routines for numerous state/regional champions and Level 9 national qualifiers.

### **Congresses**

I have attended a USAG national or regional congress every year for the last 8 years. Have served as a presenter at the Illinois state congress.