

Congratulations Bridget Pan Am Games Gold All-Around and Bars



GUADALAJARA, Mexico, Oct. 26, 2011 – Bridgette Caquatto of Naperville, Ill., won the women's all-around title at the 2011 Pan American Games, making her the seventh consecutive American to win gold in the event

Level 3, 4, 5 Questionnaire we are asking all Club (regardless of whether you are attending

To fill out the questionnaire posted on the ILUSG.com site. Please do ASAP thanks

Level 3 State Invite Please be reminded that this year will mark the first year that we will host

a Level 3 State Invite. This meet will be held in conjunction with the Level 4, 5 Fall State Championship hosted by EnerGym December 9, 10, 11

W200 Development Coaches Course: Hands on Training (HOTD) is coming to your area...

- Downers Grove, IL
- (November 6)
- Aerials Gymnastics 1516 Brook Drive Downers Grove, IL 60515
- 9:00 AM - 4:00 pm
- Please go to the National USAG website for more information and registration information

The Olympic Trials are the biggest event in gymnastics that happens once every four years. The 2012 Olympic team will be announced in San Jose and Gym Clubs can save up to \$110 per ticket! Ink to the Gym Club order form that includes the discounted Gymnastics Community pricing through January 13, 2012.

Also, Gym Clubs can http://usagym.org/pages/events/club_ticket_program.html? to sign up for the Ticket Sales Program. It's completely free and by signing up, we will send them posters for their clubs. Plus, by purchasing tickets through the program, they can earn great incentives such as FREE tickets and FREE t-shirts.