

- **State Series Meet Hosts posted on Illinois website / Calendar**
- **State Committee meeting minutes will be posted by Sept 10th**
- **Level 6-7 State meet is out for RE-BID (Do to scheduling conflicts) Re-Bids are Due September 20th**
- **Regional Congress September 22-25 in Indianapolis. Please check out the Region 5 website for more information**

• **2011 - Year of the Handstand** Want to be part of Breaking a World Record?

- Come & Celebrate National Gymnastics Day by doing a handstand at the World

Sport Chicago's Family Fitness Festival. At 12:00 noon (1p.m. EST) gymnasts across the country will kick up to a handstand and help USA Gymnastics break a

world record for the number of handstands held at the same time.

Date: Saturday, September 17, 2011

Times: Report time to Attempt to set Handstand World Record - 11:30 a.m. Interactive Gymnastics Area - 11:00a.m. – 6:00p.m.

Location: Armour Square Park (Just steps from U.S. Cellular Field)
3309 S. Shields Avenue, Chicago, IL 60616

Cost: FREE **Parking:** FREE

Transportation for Athletes: World Sport Chicago will provide a Free Bus for your team. PLEASE VISIT ILUSAG.com for more information

- **Volunteers are needed for the USA Gymnastics Fitness Challenge and Interactive Gymnastics Area that runs from 11:00 a.m. - 6:00 p.m.**

You do

not need to volunteer for the entire time - it can be broken up into segments. Your continued support and assistance is greatly appreciated. Please complete

the form below and let me know if you, your coaches or your teenage team members are available to participate and/or assist in this event.

Contact Cindy Morano at: 773.550.1385 or via email:

cindymorano@hotmail.com

if you have additional questions.

- **NEW - R103 School Age: Hands on Training (HOTSA) is coming to your area..**

10/2/2011	Oak Lawn Park District 10444 S Central Ave Oak Lawn, IL 60453	9:00AM – 3:00PM	Annette Thomas	(708) 398-6296
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- **2013-2020 Women's New Compulsory Program**

What: **NEW** JO Women's Compulsory routines and music for Levels 1-5.
(Level 6 will be an optional level starting in 2013.)

When: National Workshops to teach the routines will be conducted:

- 1st weekend: May 30 - June 2, 2013....Disneyworld, Florida
- 2nd weekend: June 6- June 9, 2013....Reno, Nevada
- Regional Workshops....TBA

Use: Competition using the new routines will begin August 1, 2013.

Materials: Date for Release of Compulsory Materials is yet to be determined.